

Navadha Bhakti (Nine Modes of Devotion)



**As taught by Lord Rama
to His devotee, Shabari,
in Aranya Kanda
of the Ramayana
by Goswami Tulsidas**



Santan kar Sanga (Satsanga):
Good Association.

Rati mama Kathaa prasangaa (Katha-rati):
Finding delight in listening to the glorious *leelas* of God.

Guru-pad pankaj (Seva):
Serving the Lotus Feet of Guru. Practicing *sadhana* for pleasing the Guru.

Bhagavad Guna-gan Gaan:
Singing the glorious attributes of God.

Mantra-jaap, with Dridha Vishwaasa:
Doing Japa of the Ishta-Mantra with steadfast faith.

Sajjan Dharma--Dama, Sheela, Virati:
Self-control, righteous conduct, dispassion, etc. — Cultivation of saintly virtues.

Sita Ram maya jagat; Santa adhik kari lekha;
Beholding God or Sita-Rama everywhere. At the same time, having greater regard for Saints and Sages.

Yathaa laabh santosha, Sapanehun nahin dekhahin para-doshaa:
Being Contented with whatever one has—not looking for the defects of others even in one's dream.

Navam Saral sab san chhala heena; mama bharosh hiyen harash na deenaa:
Absolute simplicity, no deceitful action towards anyone. Absolute surrender to God!

By Swami Jyotirmayananda